



# MILTON STATE SCHOOL

From 8.30am to 2.00pm Tuesday to Friday

## Specials

Inspired by our diverse multicultural community (volunteers needed)

## Sandwiches & Wraps 1 2


Whole meal / gluten free /wrap

<b>Salad</b>	<b>\$4.00</b>				
<b>Chicken</b>	<b>\$4.00</b>	<b>Avocado</b>	<b>\$0.50</b>	<b>Hummus</b>	<b>\$0.50</b>
<b>Ham</b>	<b>\$4.00</b>	<b>Tomato</b>	<b>\$0.50</b>	<b>Beetroot</b>	<b>\$0.50</b>
<b>Egg</b>	<b>\$4.00</b>	<b>Cucumber</b>	<b>\$0.50</b>	<b>Carrot</b>	<b>\$0.50</b>
<b>Vegemite</b>	<b>\$4.00</b>	<b>Lettuce</b>	<b>\$0.50</b>	<b>Cheese</b>	<b>\$0.50</b>
<b>Cheese</b>	<b>\$4.00</b>	<b>Mayonnaise</b>	<b>\$0.50</b>		
<b>Tuna</b>	<b>\$4.00</b>				
<b>Smoked Salmon</b>	<b>\$5.00</b>				

### Add Extras

Salad= lettuce, tomato, carrot, cucumber

## Toasties 1 2

Available on whole meal bread and gluten free bread 

<b>Baked Bean Jaffle &amp; Cheese</b>	<b>\$4.50</b>
<b>Cheese</b>	<b>\$4.00</b>
<b>Cheese &amp; Tomato</b>	<b>\$4.50</b>
<b>Chicken</b>	<b>\$4.00</b>
<b>Chicken &amp; Cheese</b>	<b>\$4.50</b>
<b>Chicken, Cheese &amp; Tomato</b>	<b>\$5.00</b>
<b>Ham</b>	<b>\$4.00</b>
<b>Ham &amp; Cheese</b>	<b>\$4.50</b>
<b>Ham &amp; Tomato</b>	<b>\$4.50</b>
<b>Ham, Cheese &amp; Tomato</b>	<b>\$5.00</b>



## Tuckshop Menu

## Salads 1 2

**Garden Salad** **\$4.00**   

Lettuce, tomato, carrot, cucumber

- Salad dressing options: French, Balsamic, Greek, Mayonnaise \$0.50

### Add Extras

Cheese	\$0.50	Egg	\$1.00
Olives	\$0.50	Smoked Salmon	\$1.50
Beetroot	\$0.50	Tuna	\$1.00
Avocado	\$0.50	Ham	\$1.00
Feta	\$1.00	Chicken	\$1.00



## Hot Food 1 2

**Sausage Roll** **\$5.00**

**Travelers Pie** **\$5.00**

**Chicken Nuggets**

- 3 pieces **\$2.50**
- 6 pieces **\$5.00**

**Hash Browns (2 pieces)** **\$2.50**

**Mini Pizza Freshly Made** **\$3.00**

**Spinach Ricotta Triangles (2 pieces)** **\$3.00**

**Garlic Bread** **\$1.50**

**Chicken Gyoza** **\$6.00**

**Karaage Chicken** **\$6.00**

**Teriyaki Chicken & Rice in a bowl** **\$6.50**

**Fried Rice** **\$5.50**

- with Crumbed Chicken **\$6.50**
- with Teriyaki Chicken **\$6.50**



1 Available 1<sup>st</sup> break

2 Available 2<sup>nd</sup> break

 Gluten Free

 Vegetarian

 Prepared on site



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## Sushi 2

Rice Paper Roll Teriyaki Chicken  \$4.50

Rice Paper Roll Crumbled Chicken (sweet chili) \$4.50

Sushi:

-  Avocado \$4.30
- Tuna – No Avocado \$4.30
- Tuna & Avocado \$4.30
- Salmon – No Avocado \$4.50
- Salmon & Avocado \$4.50
- Teriyaki Chicken & Avocado \$4.30
- Crumbed Chicken with cucumber & lettuce \$4.30



## Drinks 1 2

Bottle of Water- 600ml \$2.50

Sparkling Water - 600ml \$3.00

Plain Milk - 300ml \$2.00

Break Milk reduced fat - 300ml \$3.00

- Chocolate, Strawberry

Fruit Juice - 200ml \$3.00

- Apple, Tropical, Orange

Cold Milo - 200ml \$2.50

Krazy Lemon - 200ml \$3.00

Glee Juice – 250ml \$3.00

- Tropical, Raspberry, Bubblegum, Blackcurrant, Watermelon



## Tuckshop Menu

## Snacks 1 2

Piece of fruit (seasonal) \$1.00

Watermelon Slice \$1.50

Cheese & Crackers \$2.50

Vege Sticks w/hummus \$2.50

- Carrot
- Cucumber




Hummus & Crackers \$2.50

Boiled Egg \$1.00

Dried Fruit \$2.50

Greek Yogurt Pouch (Vanilla, Strawberry) \$3.00

Rice Cakes (2 pieces) 

- Plain \$2.00
- Butter \$2.50
- Vegemite \$2.50
- Cheese \$2.50


Seaweed Chips  \$2.00

Popcorn  \$1.50

Pretzels \$1.50

Fresh Pikelets  \$2.00

- Plain \$2.00
- Jam \$2.50

Choc chips cookies (gluten free option )  \$1.50



## Frozen Treats 2

Quelch Fruit Stick \$1.50

Frozen Yogurt Stick \$1.50

Ice Block \$1.50

Snow Cone \$3.00



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